# ARCHERY COMMUNITY FOUNDATIONS – CERTIFICATION ARCHERY ALBERTA

Instructor: Sarah Piper King, NCCP Core Facilitator, CED

Provincial Coaching Chair,

Associated with Birch Bay Ranch since 1989 Running their Archery program for 8 years

email: coaching@archeryalberta.ca

In the course we cover Planning activities, range safety, basic skills, how to make it fun, coaching philosophy, safety, equipment management, youth development that sort of thing.

Similar to the Level 1 (Instructor of Beginners), this type of instructor teaches basic skills to individuals with very little or no experience in the sport or the activity. They deal with a limited number of participants at a time and focus on the fundamentals of the activity with an emphasis on safety.

Archery Alberta in partnership with Archery Canada is pleased to announce a new "Non-Competitive" coaching clinic with the new ARCHERY FOUNDATIONS program being developed through Archery Canada. The new ARCHERY FOUNDATIONS program is designed to introduce individuals who work for summer camps and additional programs to learn the absolute basics of coaching and other areas where archery is being taught on a non-competitive level. This new stream will be accessible via the NCCP. Those who complete the new Archery Foundations program will have a better understanding of what it means to coach and teach new individuals in the sport of Archery.

This course is a 1 day, 8 hour in person course. Time 9:00am to 7:00pm. On Sunday they can practice shooting and teaching.

**Pre-Requisite:** - 3 Online Course - 2 are quick and free 10-15 mins 20-30 mins One is longer \$30 and is reimbursable if a member of the Alberta Archery **Cost:** 

\$75 per person plus \$25 evaluation

\$30 for the pre-clinic online course

\$130 plus an additional \$30-\$50 for the instructor. If we have a minimum of 6 participants, then the added cost will be \$50. If we have 10 sign up, the cost will be \$30.

If you register the staff as a member of Archery Alberta (\$40 cost) then the \$100 Alberta Archery cost of the clinic and \$30 cost of the pre clinic online course are 100% reimbursed.

Register with Archery Alberta and your cost is:

\$40 - Alberta Archery Membership -

\$30-\$50 to pay for the instructor \$25 food and lodging

Total = \$95-\$115

Minimum amount of people -6 maximum -12

Certification is through the NCCP National Coaching Certification Program – stands across Canada

#### CANOEING - PADDLE CANADA

Mike Horembala

HorembalaM@fsd38.ab.ca

The Waterfront Instructor can instruct a Waterfront Program.

Waterfront Instructor Tandem Program provides the theory and skills necessary for Instructors to lead basic canoeing skills and activities in a safe controlled environment. The Instructor Program includes: basic equipment care and safety knowledge, canoe over canoe and towing rescues, specialized equipment, forward & turning strokes, participant safety and limitations, and a variety of games to complement stroke development.

The successful Waterfront Instructor candidates are considered a canoeist who has the knowledge, experience, and skill to teach and demonstrate all the necessary skills for the Waterfront program. The Waterfront Instructor will be able to safely implement a Waterfront Program for novice level canoeists in a designated calm flatwater environment. The Waterfront Instructor can instruct a Waterfront Program.

# **Pre-requisites**

- 16 years of age or more,
- Member In Good Standing with Paddle Canada and the local Regional Member Association (where applicable),
- Basic Tandem Paddling Skills

**Instructor Participant Ratio** 

• 1:10

**Course Length**: 2 days Have a lead in evening before if possible.

**Place**: Bear Pond – 7kms from Blue Bronna Wilderness Camp

**COST** 

\$30 per person if we have 10 participants\* \$50 registration with Paddle Canada. \$25 for the weekend \$105 Total

Our cost For the Instructor is \$300 for the weekend. The fee per individual will be based on how many people register.

## **COURSE INSTRUCTOR**

#### Mike Horembala

Mike is currently in his 33<sup>rd</sup> year of teaching with his primary focus in Outdoor Education. He has taught Paddle Canada flat and moving water canoe courses for over 25 years. He is currently a Paddle Canada Sea Kayak Instructor and Waterfront Canoeing Instructor Trainer. In his free time he teaches First Aid, Leave No Trace and is a Canadian Association of Nordic Ski Instructor. He also serves as the Environment Chair with Paddle Alberta.

He has worked with camps for 25 years. He first guided and trained canoe staff at Camp Chief Hector. More recently he has worked with training camp staff from Pioneer Ranch Camp and Blue Bronna.

He has completed numerous multi-day canoe trips in Saskatchewan, Manitoba, Yukon, BC and most major rivers in Alberta. In summers if not on the waterways here he is found sea kayaking on the Sunshine Coast, Desolation Sound and Vancouver Island.

#### **DRAMA**

Instructor: Shania Ruten Director of Worship Arts Millar College of the Bible Box 25 Pambrun SK shania@millarcollege.ca

Shania Ruten lives in Pambrun, Saskatchewan. She has worked in the Worship Arts department at Millar College of the Bible since 2018. Her primary roles include directing the drama program, as well as teaching piano and voice. Shania is married to Joel. Together they have one daughter named Gemma.

## **Course Description:**

Our responsibility as believers is to use every gift for building the kingdom of God. Drama is an excellent medium for sharing the gospel as it breaks down barriers through the art of story. In this course students will dive into countless ways that drama can be used in camp, youth, and church ministry. They will learn how to use drama in chapels, church services, youth groups, at camp skill sessions, and as an ice breaker. We will cover topics such as gospel centered script writing, how to plan a drama workshop, how to direct, and more.

## **COST**:

\$100-\$125 per person depending on number of participants \$25 for food and lodging. \$125 to \$150 Total

Course Length: 2-day Course

#### **CLIMBING**

## **INSTRUCTORS:** Adventure Works, Ontario

For over 25 years they've been leaders in developing the international standards for excellence in challenge course programming.

Minimum would be 6 people. Max 10.

## **Course Description**

Participants will be trained for usage at both camp climbing walls and rock faces.

A 2- day top rope basics for outdoor rock climbing training be provided to staff. The two-day workshop prepares individuals to participate in single pitch top rope rock climbing in outdoor crag settings. Participants will develop safe attitudes towards climbing and repelling by learning and practicing the basic technical safety management skills required for climbing in the outdoor environment. By the end of the course instructor candidates will:

- Have the outdoor rock climbing skills including the belaying, knot tying, personal protective equipment and equipment use and care.
- Develop skills for rigging anchors using bolts or natural protection.
- Have the skills to safely set up a personal rappel system.
- Learn and practice safe operation and management aspects of top rope climbing sites
- Develop a principle and systems-based approach to climbing systems and risk management.

# **Prerequisites**

- 18 years of age
- Willingness and ability to perform all tasks related to climbing operation including spotting delaying climbing on bullet and repelling.

Place: A rock face 10kms from Blue Bronna Wilderness Camp

#### **COST**

\$500 each 10 people \$550 each8 People \$25 food and lodging \$525 to \$550 per person

Course Length of: 2 Days

#### HORSE PROGRAMMING

**INSTRUCTOR:** Amy Frederick

Cost \$120 per person (Sponsorship might be available if you as a camp need that)

**Saturday** – Horse and Facility Safety and Risk Management. What is risk, how to manage it, can we speak for our actions. -

*Horse equipment* fit we will touch on saddle fit and common tacking errors and how to fix them as well as how to teach a safety check to your staff that will stick.

Assessing a rider to horse personality.

How to teach an effective ground/unmounted lesson keeping campers engaged.

Lesson planning for the mounted lesson, Games that can be played in the arena for all levels of riders. arena presents and control. We will assign each person a lesson topic to teach and receive feedback on.

Creating a plan for your camp week so that all staff levels can use a guide.

Herd management...

From Purchase to retirement being a steward of the horses we are given to use whether a leased or an owned horse. We will chat about daily care, staffing, horse job suitability, vaccines, vet care. What we can do when a horse is not suited for our program any more

**Sunday** – Round pen Gospel hour using horses to share the Gospel. We will Look at a few resources that are available to you.

Tack up – Teach your assigned lesson topics.

Trail Ride Safety – What to have along,

## **EQUINE FIRST AID**

Equine First Aid Level 1 Cost: \$159 per level Equine First Aid Level 2 Cost \$159

Level 1

**Friday** – Basic First Aid Course - 6 hours of instruction. Course touches on Equine vitals. bandaging, hands on scenarios, colic and much more.

Need 1 horse per 3 people

Level 2

**Monday** – Advanced Equine First Aid — 6 hours. This course touches on planning for the trail and emergencies away from the barn, dealing with splinting legs and much more

## INSTRUCTOR FOR BOTH THE HORSE PROGRAMMING AND EQUINE FIRST AID

Amy Frederick has been involved with the camp horsemanship programs since 1998. Amy fell in love with horses while participating in the CHA rider level program as a young camp staff. Her passion led her to pursue instructor certification. She is currently a certified CHA EWI level 2 instructor. Amy has had the privilege of working most of her horsemanship career at multiple horse camps across Western Canada. She currently works with Birch Bay Ranch in Sherwood Park, AB, where she formerly held the position of Barn Manager, but is currently responsible for the development and instruction of their beginner/intermediate lesson program. Amy has a passion to teach all levels of riders. She has a keen business sense for horse camps and program development, having worked with all ages and demographics.

Amy is also a certified equine first aid instructor with Equi Health International. Her passion to educate fellow horse enthusiasts about the importance of being prepared for equine emergencies (both at home and on the trail) comes from real life experiences dealing with emergencies and teaching fellow worker to recognize and assess the situation at hand. Amy believes in being a life-long learner and is always striving to be the best rider and coach she can be. Amy enjoys trail riding with her Husband Richard and their son Luke as well as English riding, and performing in a Western drill team with her horse Einstein.

#### HIKING

OCC Outdoor Council of Canada certification

The Hiking Field Leader course provides the foundations for designing and leading safe and enjoyable hiking experiences for any age group. The Outdoor Council of Canada teaches a "participant centered" approach where the trip is designed with the participants front of mind. Specifically, this course will help you:

- 1. Learn to design, plan and lead safe and high quality events for others.
- 2. Learn group management techniques, terrain identification and management techniques, and interpretive tips.
  - 3. Tailor the trips you offer to suit the particular goals of your group or your organization.
- 4. Learn industry-accepted techniques to provide proper care for your clients.
- 5. Learn how to identify, assess, and manage risks found outdoors.

For more information about the Field Leader Hiking Course, please see visit the Outdoor Council of Canada website, or follow this link: <a href="https://outdoorcouncil.ca/project/field-leader-program/">https://outdoorcouncil.ca/project/field-leader-program/</a>

**Time Slot:** This is a two day course. The first day is spent inside learning the theory and the event planning process. The second day is mostly spent in the field learning.

**COST:** \$185 per participant plus \$25 for food and lodging.

#### **INSTRUCTOR:**

Graham Campbell is a professional teacher with 20+ years of experience guiding children and adults in the outdoors. He spends most of his professional time leading children outdoors at the Nature Based Learning School that he helped create three years ago. His personal time is spent adventuring in the hills with his friends and family on foot, skis, or on a mountain bike.

## Outdoor learning/leading certifications held by Graham:

- 80 hour Advanced Wilderness First Aid course.
- Association of Canadian Mountain Guides: Apprentice Hiking Guide
- Association of Canadian Mountain Guides: Winter Travel Accreditation
- Outdoor Council of Canada Instructor
- Plus more